

GAB LAB GUIDE TO
EATS & DRINKS
IN
BARCELONA

OUR SELECTION
OF THE TOP
PLACES TO VISIT
AND MORE





OUR TOP SELECTION FOR EATS & DRINKS NEARBY



SUCULENT

A fine dining restaurant focusing on modern and creative interpretations of traditional Spanish cuisine.

- **Average Cost:** €60-90 per person.
- **Address:** Rambla del Raval, 43, 08001 Barcelona.
- **Reservations:** [Suculent](#)

BAR CAÑETE

Known for its gourmet tapas and lively atmosphere, Bar Cañete offers a traditional yet upscale Spanish dining experience.

- **Average Cost:** €40-70 per person.
- **Address:** Carrer de la Unió, 17, 08001 Barcelona.
- **Reservations:** [Bar Cañete](#)

FRANKIE GALLO CHA CHA

A popular spot for creative pizza and Italian fare, Frankie Gallo is perfect for casual dining with a modern twist.

- **Average Cost:** €20-30 per person.
- **Address:** Carrer del Marquès de Barberà, 15, Ciutat Vella, 08001 Barcelona
- **Reservations:** [Frankie Gallo](#)

BAR MANIFEST

A cozy bar offering a mix of small plates (plattillos) and natural wines, perfect for a laid-back dining experience.

- **Average Cost:** €25-40 per person.
- **Address:** Carrer de Marques de Barbera 11, 08001 Barcelona.
- **Reservations:** [Bar Manifest](#)

CAL ISIDRE

A traditional Catalan restaurant known for its family recipes, high-quality local ingredients, and a welcoming atmosphere.

- **Average Cost:** €70-100 per person.
- **Address:** Carrer de les Flors, 12, 08001 Barcelona.
- **Reservations:** [Cal Isidre](#)

ASSALTO

A wine-focused restaurant offering an extensive list of Spanish wines paired with innovative tapas dishes.

- **Average Cost:** €25-35 per person.
- **Address:** Carrer d'Enric Granados, 96, 08008 Barcelona.
- **Reservations:** Not available online, check via [Google Maps](#).

QUIMET & QUIMET

A beloved colmado (traditional bar/store) in Barcelona, Quimet & Quimet is famous for its montaditos (small sandwiches) and conservas

- **Average Cost:** €20-30 per person.
- **Address:** Carrer del Poeta Cabanyes, 25, 08004 Barcelona.
- **Reservations:** Walk-ins only, no reservations available online.

BACARO

Bacaro is an Italian trattoria located near La Boqueria market, offering Venetian-inspired dishes

- **Average Cost:** €35-50 per person.
- **Address:** Carrer de Jerusalem, 6, 08001 Barcelona.
- **Reservations:** [Bacaro](#)

MALEDUCAT

A contemporary spot offering shared plates and a curated selection of wines. The ambiance is trendy yet relaxed, perfect for a socializing

- **Average Cost:** €30-45 per person.
- **Address:** Carrer d'Enric Granados, 96, 08008 Barcelona.
- **Reservations:** [Maleducat](#)

LA FONDA

A traditional restaurant known for its Spanish and Catalan dishes. It offers a relaxed dining atmosphere at reasonable prices.

- **Average Cost:** €25-40 per person.
- **Address:** Carrer dels Escudellers, 10, 08002 Barcelona.
- **Reservations:** Not available online, check via Google Maps

OUR TOP SELECTION FOR EATS & DRINKS NEAR THE SEA



JULIETTA'S

Located by the sea, Julietta's is known for its seafood-focused menu. It's an excellent spot for enjoying Mediterranean flavors with a sea view.

- **Average Cost:** €30-50 per person.
- **Address:** Passeig Marítim del Bogatell, 08005 Barcelona.
- **Reservations:** [Julietta's](#)

PEZ VELA

Specializes in fresh seafood and rice dishes, with a premium dining experience by the beach.

- **Average Cost:** €50-70 per person.
- **Address:** Passeig del Mare Nostrum, 19-21, 08039 Barcelona.
- **Reservations:** [Pez Vela](#)

CASA COSTA

A beachfront restaurant serving fresh fish and small plates, Casa Costa is ideal for a casual meal by the water, focusing on quality seafood.

- **Average Cost:** €30-45 per person.
- **Address:** Passeig Marítim de la Barceloneta, 08003 Barcelona.
- **Reservations:** Walk-ins only.

XIRINGUITO ESCRIBÀ

This beachside gem is known for its paellas, seafood, and pastries. It offers a relaxed but high-quality experience.

- **Average Cost:** €35-60 per person.
- **Address:** Avinguda del Litoral, 62, 08005 Barcelona.
- **Reservations:** [Xiringuito Escribà](#)

SAL MAR

casual beachside dining with a menu focused on Mediterranean seafood and rice dishes. Perfect for a relaxed lunch by the water.

- **Average Cost:** €30-45 per person.
- **Address:** Passeig Marítim de la Barceloneta, 08003 Barcelona.
- **Reservations:** Not available online.

FISKE BAR

A modern seafood restaurant offering fresh, sustainable seafood dishes with a Scandinavian influence.

- **Average Cost:** €40-60 per person.
- **Address:** Carrer de la Marina, 19, 08005 Barcelona.
- **Reservations:** [Fiske Bar](#)

ANITA'S

a charming chiringuito (beach bar) serving a selection of seafood and tapas dishes. It's perfect for enjoying a casual meal with beautiful sea views.

- **Average Cost:** €25-40 per person.
- **Address:** Passeig Marítim del Bogatell, 08005 Barcelona.
- **Reservations:** Not available online

AZUL ROOFTOP

Located atop a luxury hotel, it offers spectacular sea views and a menu of cocktails and light bites, making it ideal for sunset dining or drinks.

- **Average Cost:** €30-50 per person.
- **Address:** Plaça de Llevant, 1, 08005 Barcelona.
- **Reservations:** [Azul Rooftop](#)

CA LA NURI

A beachfront restaurant specializing in paellas and Mediterranean cuisine, Ca La Nuri is perfect for enjoying traditional Spanish dishes with a view of the sea.

- **Average Cost:** €35-55 per person.
- **Address:** Passeig Marítim de la Barceloneta, 55, 08003 Barcelona.
- **Reservations:** [Ca La Nuri](#)

TERRAZA MARTÍNEZ

An upscale restaurant with a terrace overlooking the city and sea. Known for its premium paellas offers a luxurious dining experience.

- **Average Cost:** €50-75 per person.
- **Address:** Carretera de Miramar, 38, 08038 Barcelona.
- **Reservations:** [Terraza Martínez](#)

HOW TO EAT LIKE A LOCAL!



1. FASHIONABLY LATE? MORE LIKE BARCELONA TIME!

In Barcelona, the night is still young when the clock strikes 8 PM! Locals start dinner around 9 PM or even later. So, don't be in a rush—grab a vermouth or a tapa to keep the hunger at bay!

2. THE TAPAS TANGO: SHARE THE LOVE!

Tapas are all about sharing! When the plates hit the table, feel free to dive in and try a bit of everything. It's a communal experience—just make sure you leave enough for everyone to enjoy and try not to double dip.

3. WHERE'S THE BILL? WAVE FOR LA CUENTA!

Don't sit there wondering where your bill is! When you're ready to pay, make eye contact with your server and confidently ask: "La cuenta, por favor!" Often times they won't bring it unless you ask! The universal air checkmark also works.



4. COFFEE CONUNDRUM: CAFÉ SOLO OR WITH MILK?

After your meal, the coffee order matters! If you want a strong shot of espresso, ask for "un café solo". Feeling creamy? Go for "un cortado" (espresso with a splash of milk) or "un café con leche" for a milky finish!

5. PAELLA PANIC? LUNCH, NOT DINNER!

Craving paella? It's traditionally eaten at lunch in Spain! You will often find paella on Thursdays lunch menu. While you can find it on dinner menus, locals stick to the heavier rice dish during the day. For dinner, consider lighter fare like tapas or seafood.



6. CLINKING GLASSES? SAY 'SALUD!' FIRST!

Whether it's a glass of cava or a cold cerveza, don't forget to make eye contact when toasting and say "¡Salud!" before taking that first sip. Bonus points if you clink everyone's glass at the table and then gently tap the table with the bottom of your glass.

7. THE POWER OF TWO: FORK & KNIFE DANCE!"

Spanish dining etiquette is all about using both your knife and fork. Cut your food with your knife in the right hand and hold your fork in the left—then dig in! It's the classic two-hand dance of a true local.



8. RELAX, YOU'RE IN SPAIN: MEALS ARE FOR SAVORING!

Don't rush your meal! In Barcelona, dining is an experience, not a quick pit stop. Put the phone away and enjoy the flavors, the company, and the atmosphere—long lunches and leisurely dinners are part of the local charm!

9. ON A BUDGET? GO FOR A "MENU DEL DIA"!

Most places serve a Menu of the Day Monday through Friday at lunchtime. This usually means a starter, main, drink and dessert for around 15-20 euros.



SPEAK LIKE A LOCAL

BASIC GREETINGS & COURTESY

- **Hello** – Hola (both Spanish & Catalan)
- **Good morning** – Buenos días (Spanish) / Bon dia (Catalan)
- **Good afternoon** – Buenas tardes (Spanish) / Bona tarda (Catalan)
- **Good evening/night** – Buenas noches (Spanish) / Bona nit (Catalan)
- **Please / Thank you**– Por favor /Gracias (Spanish) / Si us plau / Gràcies (Catalan)
- **You're welcome** – De nada (Spanish) / De res (Catalan)
- **Excuse me** – Perdón (Spanish) / Perdó (Catalan)
- **Yes /No**– Sí /No (both Spanish & Catalan)

GETTING AROUND

- **Where is...?** – ¿Dónde está...? (Spanish) / On és...? (Catalan)
- **How much does it cost?** – ¿Cuánto cuesta? (Spanish) / Quant costa? (Catalan)
- **I'd like to go to...** – Quisiera ir a... (Spanish) / Voldria anar a... (Catalan)
- **Metro/Train/Taxi**– Metro / Tren / Taxi (both Spanish & Catalan)
- **Ticket** – Billete (Spanish) / Bitllet (Catalan)
- **Airport** – Aeropuerto (Spanish) / Aeroport (Catalan)

IN RESTAURANTS & CAFÉS

- **Table for two, please** – Mesa para dos, por favor (Spanish) / Taula per a dos, si us plau (Catalan)
- **Menu** – Menú (both Spanish & Catalan)
- **Water** – Agua (Spanish) / Aigua (Catalan)
- **Wine** – Vino (Spanish) / Vi (Catalan)
- **Beer** – Cerveza (Spanish) / Cervesa (Catalan)
- **The check, please** – La cuenta, por favor (Spanish) / El compte, si us plau (Catalan)
- **Is there a vegetarian option?** – ¿Hay una opción vegetariana? (Spanish) / Hi ha una opció vegetariana? (Catalan)
- **I'm allergic to...** – Soy alérgico/a a... (Spanish) / Sóc al·lèrgic/a a... (Catalan)
- **Delicious!** – ¡Delicioso! (Spanish) / Deliciós! (Catalan)

SHOPPING

- **How much is this?** – ¿Cuánto cuesta esto? (Spanish) / Quant costa això? (Catalan)
- **Do you have this in another size?** – ¿Tienes esto en otra talla? (Spanish) / Tens això en una altra talla? (Catalan)
- **I'll take it** – Me lo llevo (Spanish) / Me l'emporto (Catalan)

USEFUL TRAVEL WORDS

- **Hotel** – Hotel (both Spanish & Catalan)
- **Room** – Habitación (Spanish) / Habitació (Catalan)
- **Beach** – Playa (Spanish) / Platja (Catalan)
- **Tour** – Tour (both Spanish & Catalan)
- **Museum** – Museo (Spanish) / Museu (Catalan)